

All-Outdoors Guide School – What to Bring List

The best way to decide what to bring to guide school is to think of your time being split between on-water time and off-water time. Your on-water gear will not dry quickly. Therefore, it's best to bring separate clothes (and shoes!) for your off-water time in camp. It can get chilly and even rain in the foothills during June, so take precautions to ensure you will be warm and dry when we're in camp. Also, bring plenty of sun protection, as it can be very hot in June.

Must-have items:

- Sleeping bag
- Sleeping pad
- Tent (if desired)
- Polypropylene/capilene tops, fleece or wool sweater in case of inclement weather
- Camp clothes (dry shoes, socks, pants, shorts etc.)
- Rain jacket
- Warm hat
- Toiletries, towel
- Waterproof sunscreen
- Sunglasses with retention strap (like Croakies)
- Personal medications (if any)
- Headlight/flashlight
- Footwear that will stay on your feet (closed toed shoes with good traction)
- Wetsuit, preferably farmer-john style, or equivalent
- Wetsuit booties or athletic shoes **with laces** and wool socks
- Visor or ball cap
- Durable coffee mug

Other items to consider bringing:

- Bathing suit and swim shorts (quick-dry material is best)
- Small camp chair
- Chapstick
- Gloves
- Energy bars/snacks
- Insect repellent